



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



**REPORT ON
FIRE SAFETY PROGRAMME 2025**

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI

SIGNATURE OF PRINCIPAL



FIRE SAFETY TRAINING 2025

Date of Event: 21st March 2025

Venue: Sandra Shroff College of Nursing, Vapi

Occasion: Fire Safety Training 2025

Participants: 25 Teaching & Non teaching Staff o S.S.C.N.

INTRODUCTION

Fire safety refers to the set of precautions, procedures, and measures taken to prevent fires, minimize the risk of fire-related accidents, and ensure the safety of individuals and property in the event of a fire. It involves a combination of awareness, preparedness, and proper safety practices to prevent fires from occurring and mitigate their impact if they do happen.

According to the US National Safety Council (NSC), the leading causes of home fires and injuries are cooking and heating. Thus, fire safety at home should be prioritized by practicing safety tips and protocols when using electrical appliances, cooking equipment, and others that may be fire hazards.

IMPORTANCE OF FIRE SAFETY TRAINING

- Preserving life – Implementing measures helps protect individuals from harm and ensures their well-being.
- Protecting property – By following fire safety protocols, there's minimal risk of property loss and destruction, potentially saving valuable assets and investments.
- Preventing financial losses – Adequate measures reduce the risk of fire-related damages, avoiding financial burdens associated with property damage, repairs, and insurance claims.
- Safeguarding the environment – Since fires can release toxic gases and pollutants and destroy natural habitats, fire safety practices can prevent such incidents and minimize harm to the environment.

- Ensuring business continuity – By safeguarding the workplace against fires, businesses can protect their employees, maintain productivity, and avoid costly downtime.
- Complying with regulations – Many jurisdictions have specific codes and regulations that must be followed. Adhering to these ensures legal compliance and helps avoid penalties or legal consequences.

REPORT OF THE DAY

Sandra Shroff College of Nursing, Vapi, organized a **one-day fire safety training session** on **21st March 2025** for both teaching and non-teaching staff. The session aimed to equip the staff with essential knowledge and practical skills to effectively respond during fire emergencies.

At **3:00 PM**, the team of **Fire and Safety Engineers** arrived at the college premises and commenced the demonstration session. The session began with an introduction to **types of fire**, including:

- Class A: Ordinary combustibles (wood, paper, cloth)
- Class B: Flammable liquids (oil, gasoline)
- Class C: Electrical fires
- Class D: Combustible metals
- Class K: Kitchen fires (cooking oils and fats)

The team explained the **types of fire extinguishers** and their appropriate usage based on the category of fire:

- **Water-based extinguishers** – for Class A fires
- **Foam extinguishers** – for Class A and B fires
- **CO₂ extinguishers** – for Class B and C fires
- **Dry chemical powder extinguishers** – for Class A, B, and C fires
- **Wet chemical extinguishers** – for Class K fires

The correct method to operate a fire extinguisher using the **PASS** technique was demonstrated:

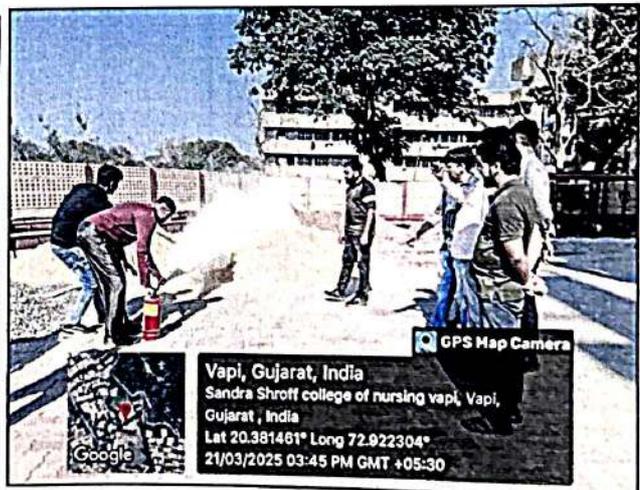
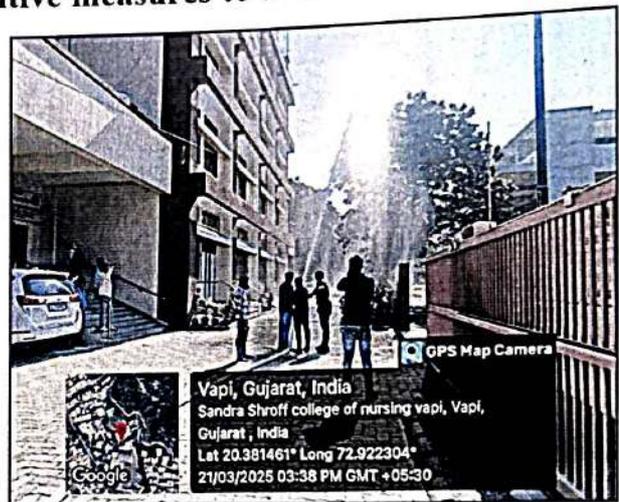
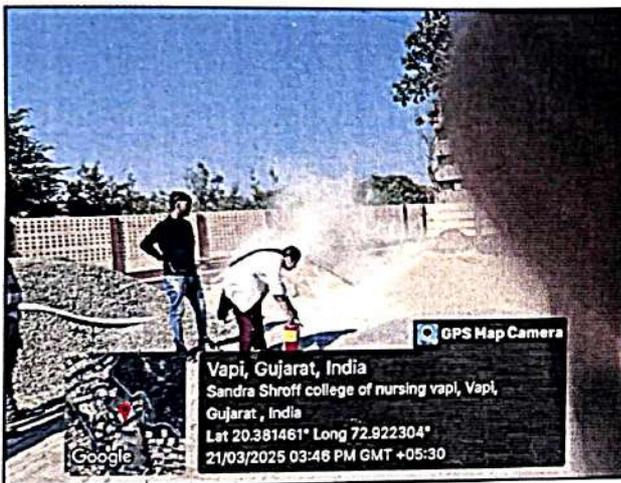
1. **P** – Pull the pin
2. **A** – Aim the nozzle at the base of the fire
3. **S** – Squeeze the handle

4. S – Sweep from side to side

Demonstration Includes:

- The team demonstrated how to activate the fire alarm systems, both inside and outside the building.
- The procedure for handling small-scale fires using portable extinguishers was shown.
- Techniques to manage larger fires until professional help arrives were explained.
- Staff members were guided on how to start and use a water-flow extinguisher, including how to open the main valve, direct the nozzle correctly, and maintain a safe posture while using it.

The session also included safety protocols like evacuation procedures, calling emergency services, and preventive measures to avoid fire hazards.



CONCLUSION

The training was highly informative and interactive. It provided practical exposure to fire safety protocols and helped raise awareness among staff about emergency preparedness. All participants gained valuable insights into the proper handling of fire emergencies, enhancing the safety of our college environment.

THANK YOU



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



REPORT ON
INTERNATIONAL YOGA DAY 2025

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI

Amrante
21/6/25
SIGNATURE OF INCHARGE PRINCIPAL
SANDRA SHROFF COLLEGE OF NURSING, VAPI

IN CHARGE PRINCIPAL



INTERNATIONAL YOGA DAY 2025

Date of Event: 21st June 2025

Venue: Sandra Shroff College of Nursing, Vapi & Pardi Rural Area

Occasion: International Yoga Day (Yog Sangam)

Participants: 97 NSS Volunteers from 2nd semester, 4th semester, 5th Semester, 7th Semester B.Sc. Nursing, Teaching and Non-Teaching Staff of SSCN

INTRODUCTION

International Yoga Day is celebrated every year on 21st June to raise awareness about the many benefits of practicing yoga. In line with this global initiative, Sandra Shroff College of Nursing (S.S.C.N.), Vapi, organized various events and activities to mark the occasion with enthusiasm and active participation from NSS Volunteers and faculty members. The aim was to promote physical and mental well-being through the ancient practice of yoga.

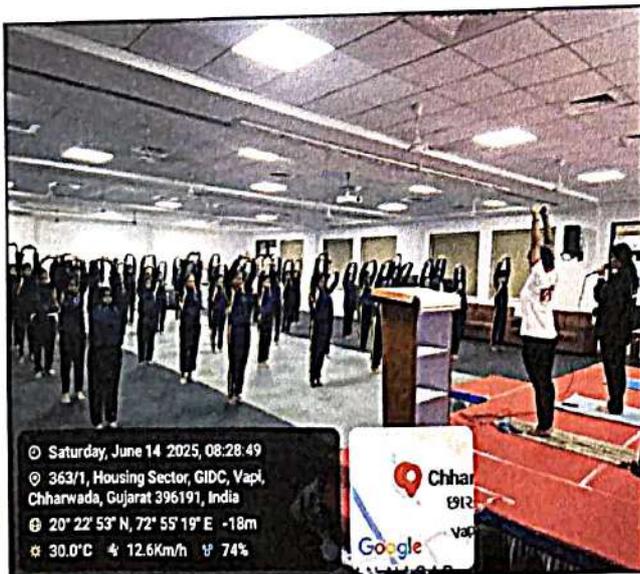
FLYER OF THE DAY

The flyer is a rectangular graphic with a purple and pink gradient background. At the top, there are three circular logos: the first is for GDVCI (Gandhi Dharma Vaidika College of Nursing), the second is for Sandra Shroff College of Nursing, and the third is for NSS (National Service Scheme). Below the logos, the text reads: "SANDRA SHROFF COLLEGE OF NURSING, VAPI CELEBRATES YOGA SANGAM - 2025 11th International YOGA Day". The word "YOGA" is in large, bold, black letters, with a silhouette of a person in a yoga pose (Padmasana) integrated into the letter "O". To the right of "YOGA" is the word "Day" in a smaller font. Below this, a yellow banner contains the text "YOGA FOR ONE EARTH, ONE HEALTH". At the bottom, the event details are listed: "On 21st June, 2025 Time: 06:30 AM VENUE: MULTIPURPOSE HALL S.S.C.N, VAPI".

ACTIVITIES OF THE DAY

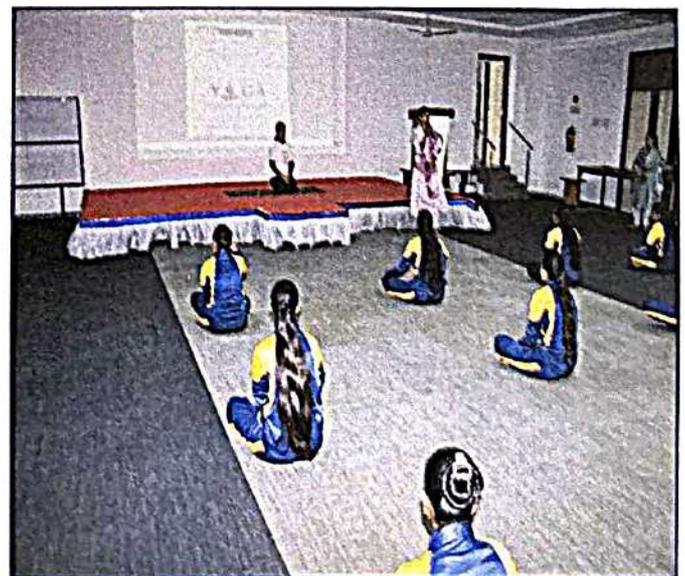
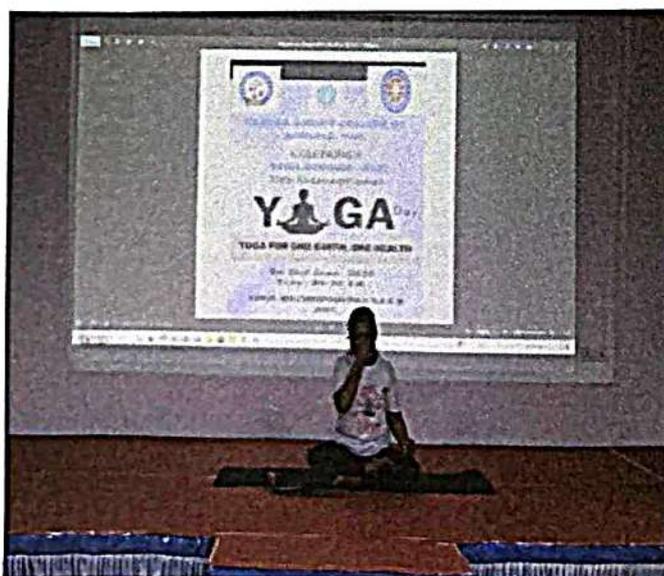
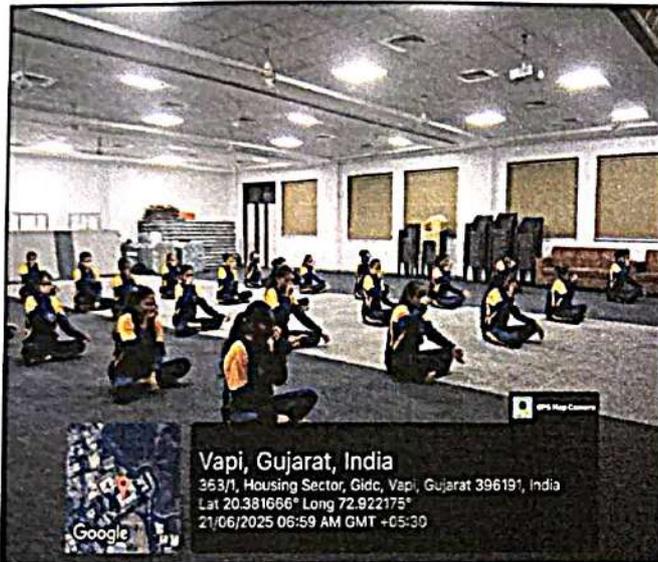
PRE-YOGA DAY ACTIVITY – YOGA PRACTICE SESSION

On 14th June 2025, a preparatory yoga practice session was conducted under the guidance of expert yoga trainer Ms. Pallavi at Sandra Shroff College of Nursing, Vapi. NSS Volunteers from the 2nd, 4th, and 5th semesters actively participated in the session. The practice focused on basic asanas, breathing techniques, and relaxation methods, which helped students prepare physically and mentally for the upcoming main celebration.



MAIN CELEBRATION – YOGA SANGAM

The main celebration, titled "Yoga Sangam", was held on 21st June 2025 at the college campus, starting from 6:30 AM onwards. The event commenced with a live telecast of Hon'ble Prime Minister Shri Narendra Modi's address, emphasizing the global importance of yoga. Following this, a guided yoga session was conducted by expert yoga trainer Mrs. Sheema, involving active participation from both students and faculty. The celebration also featured a motivational speech by Dr. Anita Nawale, Incharge Principal of S.S.C.N., who spoke about the significance of adopting yoga for overall well-being and a healthy lifestyle.

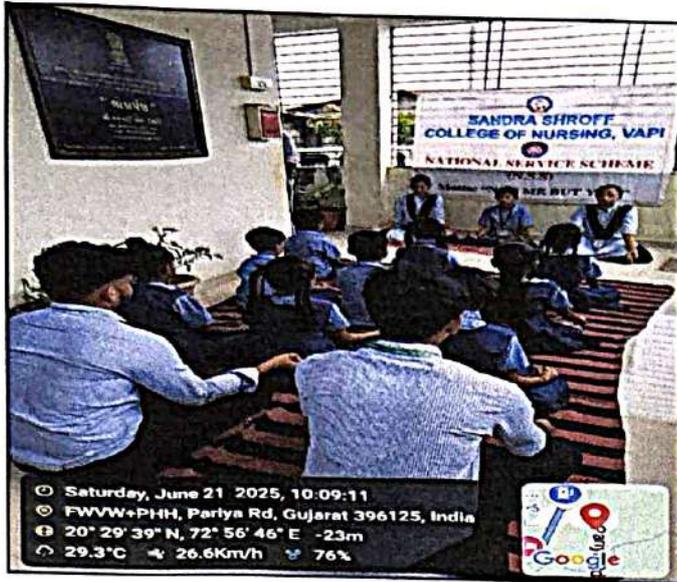




COMMUNITY OUTREACH ACTIVITY – RURAL YOGA CELEBRATION

In addition to on-campus celebrations, a community outreach program was conducted in the **rural area of Pardi** on 21st June 2025 in association with the **Department of Community Health Nursing**. As part of this initiative, a rally with slogans was organized to create awareness about the benefits of yoga among the local population. The outreach also included a **yoga practice session with school children**, aiming to cultivate healthy habits and a positive lifestyle through yoga from a young age.





CONCLUSION

The celebration of International Yoga Day 2025 at Sandra Shroff College of Nursing was a great success, marked by enthusiastic participation, meaningful activities, and community outreach. The event not only emphasized the physical benefits of yoga but also inspired students and the local community to embrace it as a way of life. With the continued efforts of the faculty and students, the spirit of yoga will remain alive and thriving in the institution and beyond.

THANK YOU



**SANDRA SHROFF COLLEGE
NURSING, VAPI**



REPORT ON
BLOOD DONATION
CAMP 2025

SUBMITTED BY

NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI

SIGNATURE OF PRINCIPAL

Prof. Mr. Samuel Fernandis, M.Sc. (N)

Principal
Sandra Shroff College of Nursing



BLOOD DONATION CAMP 2025

Date of Event: 8th March 2025

Venue: Multipurpose Hall at Sandra Shroff College of Nursing, Vapi

Occasion: Blood Donation Camp

Participants: 30 NSS Volunteer from 4th year B.Sc. Nursing, Trustee of S.S.C.N, Vapi, President and Vice President of Inner wheel Club of Vapi, NSS Programme Officer, Haria L G Rotary Hospital, Vapi staff.

REPORT OF THE DAY

On 8th March 2025, in celebration of International Women's Day, a special Ladies Blood Donation Camp was organized at Sandra Shroff College of Nursing, Vapi, in the Multipurpose Hall. The event was held in loving memory of Late Mrs. IW. Bhavana Dewani and was coordinated by the N.S.S. Team of S.S.C.N. Vapi, in collaboration with the Inner Wheel Clubs of Vapi and the Dewani Family.

The camp provided a unique opportunity for women to come together for a noble cause, demonstrating the power of community, empathy, and social responsibility. The event was held from 9:00 AM to 4:30 PM, and it began with a lamp-lighting ceremony, followed by a cake-cutting ceremony to mark the occasion and celebrate the spirit of empowerment.

The camp saw a wonderful turnout, with 100 women attending the event. Among them, 70 women generously donated blood, making a significant contribution to the community's health and well-being. This overwhelming participation showcased the strength of women coming together to make a meaningful difference in the lives of others.

Each donor was honored with a Certificate of Appreciation as a token of gratitude for their selfless contribution. In addition to the certificate, each blood donor was given a donation kit, which included a bag, kitchen utensils, a pen, and a charger cable—items meant to show appreciation and care for their participation.

The event was a fitting tribute to the memory of Late Mrs. IW. Bhavana Dewani and truly embodied the values of generosity, community, and empowerment that define International Women's Day.

The success of the Ladies Blood Donation Camp was greatly supported by the Our Principal Sir Prof. Mr. Samuel Fernandis , M.Sc. (N); Dr. Anita Nawale;

Vice Principal of S.S.C.N, N.S.S. Volunteers from the 4th-year B.Sc. Nursing program at Sandra Shroff College of Nursing. Their efforts ensured the smooth operation of the event and provided valuable assistance in several areas.

The N.S.S. Volunteers helped in setting up the stage for the lamp-lighting ceremony and cake cutting, ensuring that the event began smoothly and in an organized manner. Volunteers assisted the medical team from Haria L.G. Rotary Hospital in screening participants, helping with vital sign checks and ensuring that all donors were medically fit to donate blood, after the blood donations were completed, the N.S.S. Volunteers were involved in distributing donation kits to all the donors, ensuring they received their token of appreciation promptly and with care.





vapi, Gujarat, India
Sandra Shroff College of Nursing,Vapi, vapi,
Gujarat , India
Lat 20.396826° Long 72.972603°
08/03/2025 03:06 PM GMT +05:30



vapi, Gujarat, India
Sandra Shroff College of Nursing,Vapi, vapi,
Gujarat , India
Lat 20.396826° Long 72.972603°
08/03/2025 04:10 PM GMT +05:30

CONCLUSION

The Ladies Blood Donation Camp held on 8th March 2025 was a resounding success, not only in terms of the number of donations but also in fostering a sense of community and empowerment among the women of Vapi. The camp was a beautiful tribute to Late Mrs. IW. Bhavana Dewani, and it reflected the true spirit of International Women's Day, celebrating women's contribution to the well-being of society.

We are deeply grateful to the Inner Wheel Clubs of Vapi, the Dewani Family, and the Haria L.G. Rotary Hospital staff for their continued support. Our heartfelt appreciation goes out to the N.S.S. Volunteers, whose hard work and commitment ensured the success of this camp. Their dedication was pivotal in making this event a memorable and impactful one.

The camp was a shining example of how collective efforts can create lasting change, and we look forward to organizing more such events in the future to continue making a positive difference in our community.

THANK YOU



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



REPORT ON
FIT INDIA MOVEMENT 2025

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI

SIGNATURE OF PRINCIPAL

Principal
Sandra Shroff College of Nursing



FIT INDIA MOVEMENT 2025

Date of Event: 11th January 2025

Venue: Desai N.D.N. Sarvajanik High School, Vapi

Occasion: Fit India Movement

Time: 8 am to 9 am

Participants: 10 NSS Volunteers from 4th Year B.Sc. Nursing Students and faculties of Sandra Shroff College of Nursing, Vapi and 80 students & teachers of Desai N.D.N. Sarvajanik High School, Vapi.

INTRODUCTION

The Fit India Movement, launched by the Government of India, aims to inspire individuals to prioritize their health and fitness for a better and more active life. In line with this vision, NSS Volunteers from Sandra Shroff College of Nursing, Vapi, organized a programme to promote awareness about fitness and healthy living. The programme, held on **11th January 2025 at Desai N.D.N. Sarvajanik High School, Vapi**, was designed to educate students about the importance of maintaining a balanced lifestyle and the benefits of staying physically active. Through engaging activities and informative sessions, the program encouraged the students to adopt healthier habits, helping to create a lasting impact on their overall well-being.

REPORT OF THE DAY

On 11th January 2025, NSS Volunteers from Sandra Shroff College of Nursing, Vapi, organized a programme on the **Fit India Movement** at Desai N.D.N. Sarvajanik High School in Vapi. The program aimed to educate students about the importance of fitness and healthy living, in line with the vision of the Fit India Movement.

The event began at **8:00 Am** with an engaging **role-play** activity performed by the students. In role play they effectively depicted the negative impact of **unhealthy eating habits, such as excessive consumption of fast food and oil-rich foods.** The role play was very effective for promote a healthier diet and reduce the intake of fast food for better long-term health.

As part of the program, NSS volunteers presented pluggable cards featuring **self-made slogans** that encouraged students to avoid fast food and make healthier food choices. These creative and impactful slogans helped to reinforce the importance of conscious eating habits and healthy lifestyles.

In addition, charts were displayed that provided essential information on the prevention of diseases like Diabetes Mellitus, Obesity and Hypertension. These charts presented effective prevention strategies, including the benefits of regular physical activity, maintaining a balanced diet, and avoiding unhealthy habits that increase the risk of these conditions.

The program concluded at 9:00 AM with a speech by **Mrs. Pinal Patel**, who emphasized the importance of the Fit India Movement. She spoke about how essential it is to make fitness a priority in our lives, especially in today's world, where lifestyle-related diseases are on the rise. Her speech was motivational, urging the students to adopt healthier habits and stay active to ensure a healthier future.

The event was successful in raising awareness and motivating students to take active steps towards improving their health. The NSS Volunteers from Sandra Shroff College of Nursing, Vapi, made significant contributions to this cause, spreading the message of fitness, health, and wellness within the school community.





CONCLUSION

The Fit India Movement celebration organized by NSS Volunteers from Sandra Shroff College of Nursing was a successful event in raising awareness about fitness and healthy living. Through role-play activities, informative charts, and motivating speeches, the students gained valuable insights into the importance of maintaining a healthy diet and an active lifestyle. The volunteers effectively conveyed the negative impact of unhealthy eating habits and encouraged the adoption of healthier choices. The event inspired students to prioritize fitness and take proactive steps toward preventing lifestyle-related diseases.

THANK YOU



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



**REPORT ON
INDEPENDENCE DAY
DATE: 15/08/2025**

**SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI**

SIGNATURE OF INCHARGE PRINCIPAL


IN CHARGE PRINCIPAL
SANDRA SHROFF COLLEGE OF NURSING, VAPI



INDEPENDENCE DAY

Name of Activity Organized: Independence Day

Title of the activity: flag hosting, Patriotic song & Dance

Date of Event: 15th August 2025

Name of the Coordinator of Activity: SNA & NSS team

Venue: Haria L G Rotary Hospital, Vapi

Occasion: Independence Day

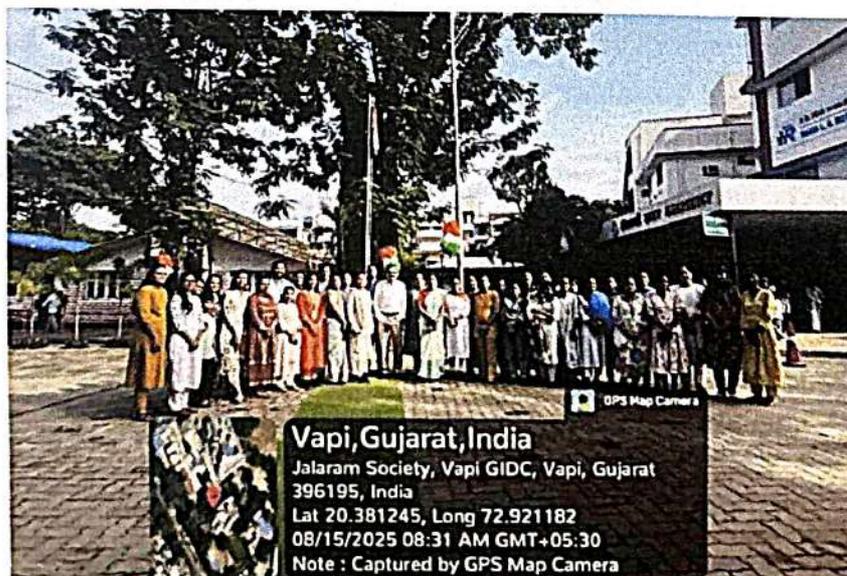
No. of Participants: 270 NSS Volunteers from 2nd Semester B.Sc. nursing, 4th Semester B.Sc. Nursing, 5th Semester B.Sc. Nursing, 7th Semester B.Sc. Nursing 1st, 2nd & 3rd Year GNM & teaching & Non-teaching Staff of S.S.C.N.

Name of the Sponsored Organization: Sandra Shroff College of Nursing, Vapi & Haria L G Rotary Hospital, Vapi

Name of Sponsorship: Regular NSS & SNA Activity

INTRODUCTION

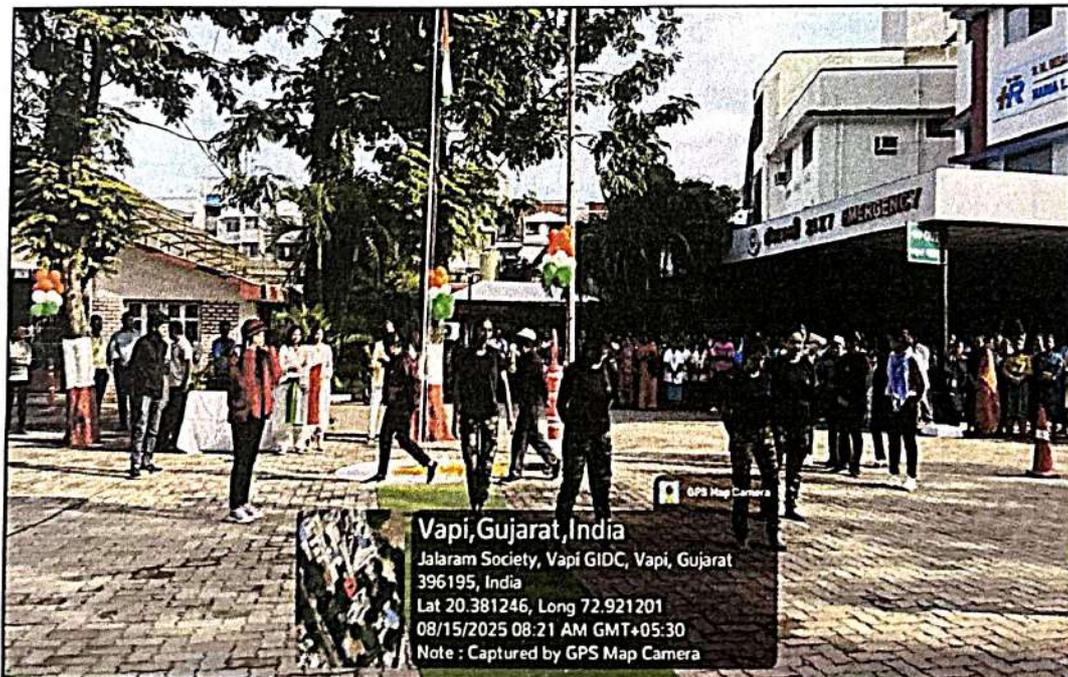
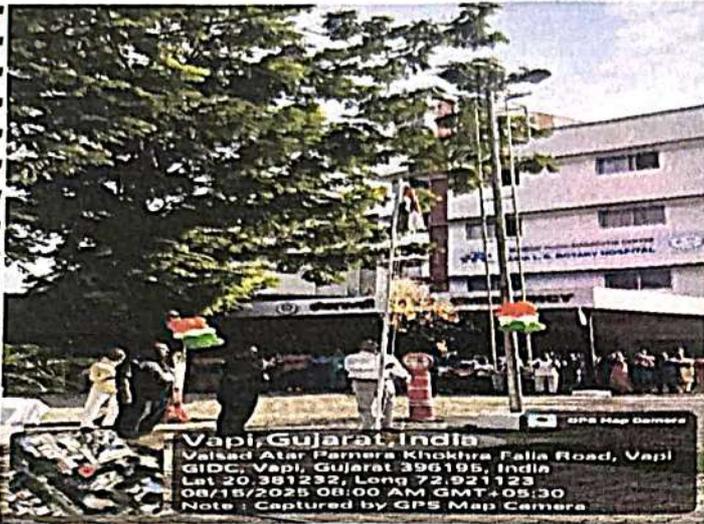
The National Service Scheme (NSS) & Student Nurses' Association (SNA) of Sandra Shroff College of Nursing, Vapi, celebrated **Independence Day** with great enthusiasm and patriotic spirit with collaborated to **Haria L.G. Rotary Hospital, Vapi**. The program was conducted under the guidance of Dr. Anita Nawale, Incharge Principal of SSCN, Vapi & NSS, SNA Team and witnessed active participation from students.



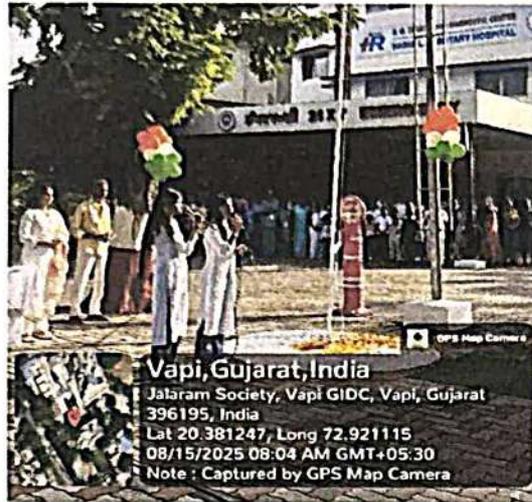
PROGRAM HIGHLIGHTS:

MOC: Ms. Jiya Mishra (5th Semester)

The event began with Flag Hoisting by Mr. Parag Vora Rotary Club President HRH, Vapi followed by the National Anthem.



Patriotic Song: Sung by Angel & Sncha (5th Semester), which filled the atmosphere with national pride.



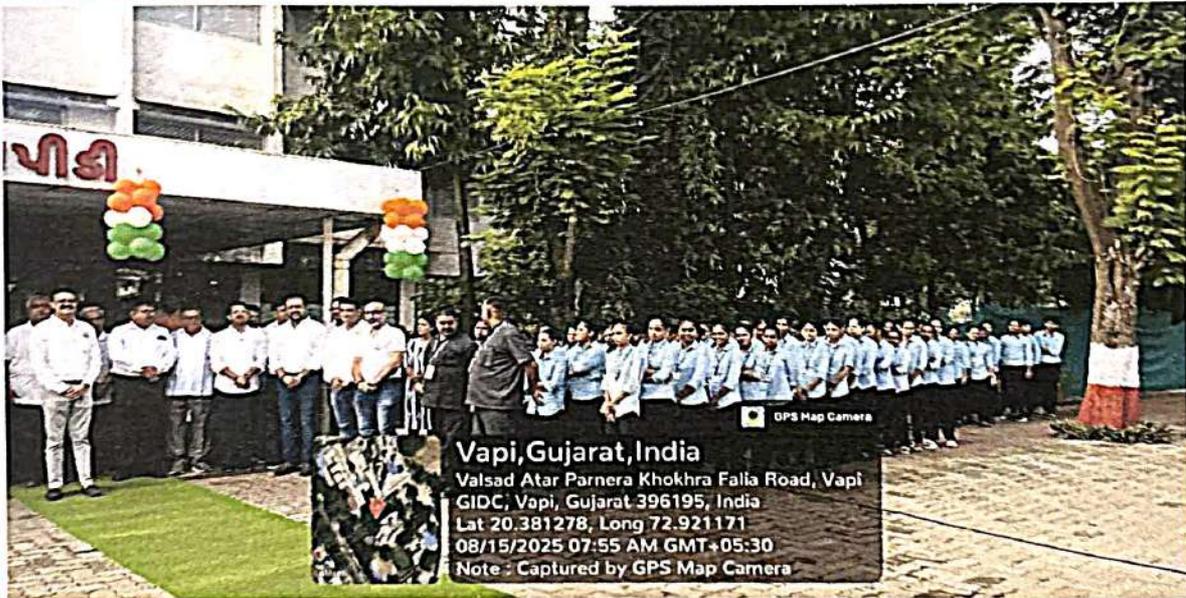
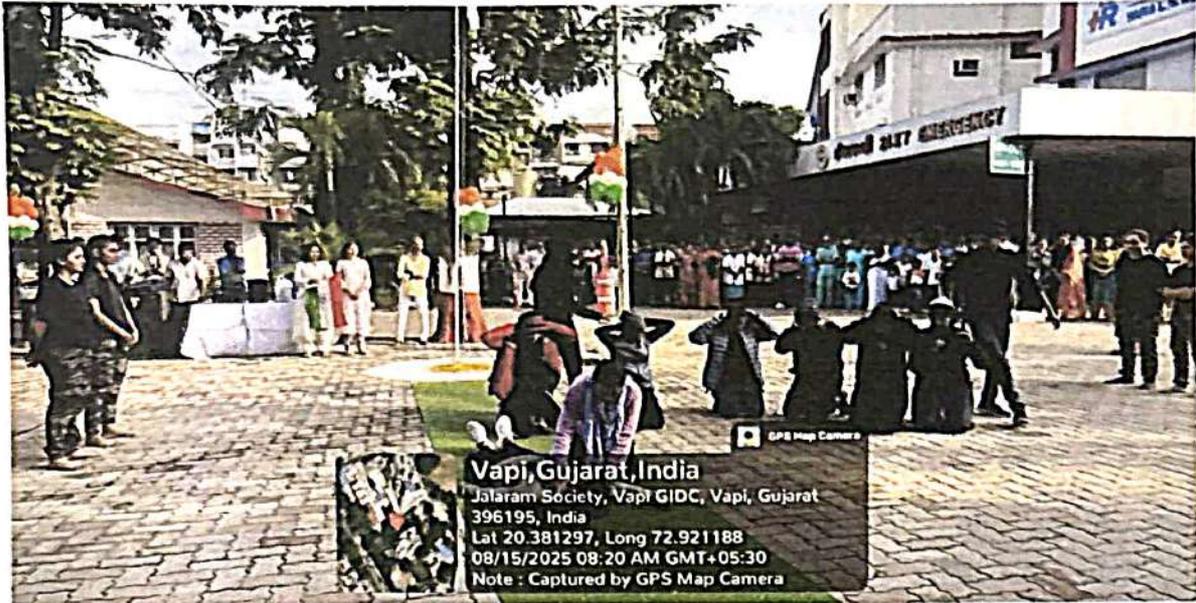
Dance Performance: Presented by Aleena & group (5th Semester), showcasing the spirit of unity and freedom.



Melody of Freedom: A melodious presentation by Sachin & group that highlighted the sacrifices of our freedom fighters.



Tribute to Indian Army: Arunima & group (7th Semester) presented a powerful dance performance on the Pahalgam Attack, paying homage to the bravery of our soldiers by Operation Sindoor.



CONCLUSION

The celebration concluded with a note of gratitude towards all participants and a pledge to uphold the values of freedom and unity. Program was ended by Vote of Thanks by Ms. Agnes (5th Semester B.Sc. Nursing) student & at last but not the least distribution of sweets to all students.

THANK YOU



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



**REPORT ON
INDIAN CONSTITUTION DAY CELEBRATION
2024**



SUBMITTED BY

MS. NIRALI DESAI

NSS PROGRAMME OFFICER, NURSING TUTOR

SSCN, VAPI

Principal

Sandra Shroff College of Nursing



INTRODUCTION

Indian Constitution Day, or **Samvidhan Divas** is a significant occasion celebrated annually on November 26th to mark the adoption of the Constitution of India. On this day in 1949, the Constituent Assembly of India formally adopted the Constitution, which laid the foundation for India's democratic system of governance.

The Constitution of India is a monumental document that defines the framework of the Indian state, ensuring justice, liberty, equality, and fraternity for all citizens. It is the longest written constitution of any sovereign country and covers a wide range of subjects, including the rights and duties of citizens, the structure of the government, and the division of powers between the central and state governments.

Constitution Day is observed to honor the principles and values enshrined in the Constitution, such as:

1. Justice – Ensuring fairness and equality in all spheres of life, and upholding the rule of law.
2. Liberty – Protecting the freedom of individuals, including freedom of speech, expression, and religion.
3. Equality – Promoting the idea of equal treatment before the law and combating discrimination based on caste, creed, gender, or religion.
4. Fraternity – Fostering a sense of brotherhood and national unity.

The day serves as a reminder of the fundamental rights and duties of citizens, urging them to actively participate in the democratic process and uphold the values enshrined in the Constitution. These rights, which include the Right to Equality, Right to Freedom, Right to Education, and the Right to Constitutional Remedies, are crucial in safeguarding the dignity and freedom of individuals.

One of the central figures in the framing of the Indian Constitution was Dr. B.R. Ambedkar, who is widely regarded as its principal architect. He chaired the drafting committee of the Constituent Assembly and played a crucial role in shaping the legal and social framework of India. His vision for a just and egalitarian society continues to inspire generations of Indians.

REPORT OF THE DAY

In alignment with Veer Narmad South Gujarat University, Surat has issued a circular regarding the Indian Constitution Day celebration. On 26th November 2024, Sandra Shroff College of Nursing, Vapi celebrated Indian Constitution Day with great enthusiasm and reverence. This day, also known as Samvidhan Divas, marks the adoption of the Constitution of India on 26th November 1949. The event aimed to promote awareness about the fundamental principles enshrined in the Indian Constitution and to remind everyone of their rights and duties as citizens of a democratic nation.

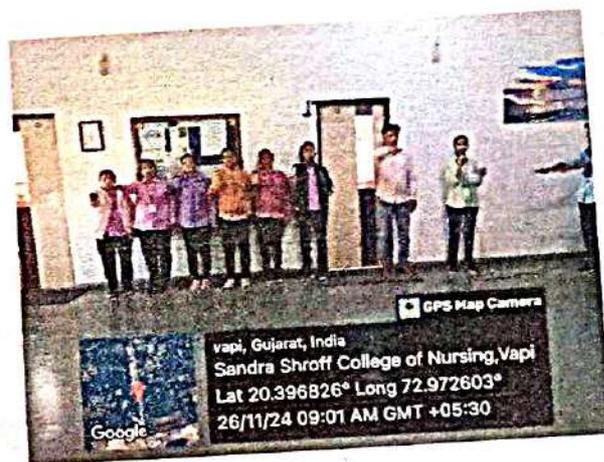
The program was guided by the esteemed leadership of Mr. Samuel Fernandis, the Principal of Sandra Shroff College of Nursing, and Dr. Anita Nawale, the Vice Principal. Their presence added to the importance of the event and inspired the students and faculty to actively engage in discussions surrounding the Constitution and its significance.

ACTIVITIES OF THE DAY

The celebration began with a warm welcome from the organizers, followed by a brief introduction to the history and significance of the Indian Constitution. Ms. Arunima Mishra, a dedicated NSS volunteer of the college, delivered a thought-provoking speech highlighting the importance of the Constitution in ensuring justice, equality, and liberty for all citizens. She emphasized how the Constitution provides the framework for safeguarding fundamental rights and promoting the well-being of every individual in India. Her speech helped to raise awareness about the role of the Constitution in shaping the democratic fabric of the country.



In a moving segment, MS. Akansha Yadav, another student from the college, led the gathering in taking a pledge. The pledge reinforced the commitment of the students and faculty to uphold the values of the Constitution, such as justice, equality, and fraternity. It also served as a reminder to contribute positively to the nation's development and to respect the rights and dignity of all individuals.



Throughout the program, the importance of Dr. B.R. Ambedkar and his role as the chief architect of the Indian Constitution was acknowledged. His vision for a just, inclusive, and democratic society continues to guide the nation in the pursuit of equality and social justice.

The event concluded with a vote of thanks, where the organizers expressed their gratitude to the Principal, Vice Principal, all participants, and attendees for making the event a success. The celebration of Indian Constitution Day at Sandra Shroff College of Nursing not only provided a deeper understanding of the Constitution but also encouraged students to be active, responsible citizens who contribute to a better and more just society.

CONCLUSION

The celebration of Constitution Day was a meaningful occasion that helped students and faculty reflect on the values and principles of our Constitution. By fostering awareness about the rights and duties of citizens, the event reinforced the importance of democratic governance, social equality, and national unity. The collective participation in the pledge and speech demonstrated the commitment of the college community to upholding the values enshrined in the Constitution and to promoting a just, inclusive, and thriving India.

THANK YOU



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



REPORT ON
NSS SPECIAL VILLAGE
CAMP 2025

04/03/2025 TO 10/03/2025

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI

SIGNATURE OF PRINCIPAL

Principal
Sandra Shroff College of Nursing



NSS SPECIAL VILLAGE CAMP 2025

Date of Event: 04/03/2025 to 10/03/2025

Venue: Kumbharvad, Mahiyavanshi Faliya, Motivada Village

Occasion: NSS SPECIAL VILLAGE CAMP

Participants: 34 NSS Volunteers from 1st Year GNM and 12 NSS Volunteer from 4th Year B.Sc. Nursing

INTRODUCTION

The National Service Scheme (NSS) is a flagship program of the Government of India that aims to develop the personality of students through community service. The NSS Special Camp is an essential part of this initiative, focusing on providing students with opportunities to engage in meaningful social work while also fostering a sense of responsibility and social awareness.

This report presents an overview of the NSS Special Camp organized at Kumbharvad, Mahiyavanshi Faliya, Motivada Village from 4th March 2025 to 10th March 2025. The primary objectives of the camp were to engage participants in activities that would contribute to the welfare of the local community, promote values of unity, selfless service, and national integration, and enhance the personal and leadership skills of the volunteers.

This report details the activities undertaken during the camp, the outcomes achieved, and the personal experiences of the volunteers, highlighting the importance of community service in shaping future leaders.

OBJECTIVES OF THE NSS SPECIAL VILLAGE CAMP

- 1) To raise awareness about women's rights, gender equality, and the importance of women's participation in social, economic, and political spheres.
- 2) To encourage and promote cleanliness and hygiene in the community through active participation in cleanliness drives.
- 3) To educate the community about the dangers and social consequences of alcohol abuse.
- 4) To introduce and promote the physical and mental health benefits of yoga among school children.
- 5) To celebrate and honor the contributions of women to society while promoting gender equality.

6) To spread awareness about the importance of blood donation and to educate the community on how regular donations can save lives.

7) To provide free screening and health check-ups for hypertension and diabetes, with the aim of early detection and prevention.

8) To raise awareness about sickle cell anemia, its symptoms, and available treatments.



SANDRA SHROFF COLLEGE OF NURSING, VAPI

AGENDA FOR NSS SPECIAL VILLAGE CAMP
Area: Motivada, Kumbharvad, Valsad

Date	Day	Activity
04/03/2025	Day 1	Inauguration of the Camp & Women Empowerment
05/03/2025	Day 2	Village Cleanliness Drive Ek Kadam Swachhta Ki Aur
06/03/2025	Day 3	Awareness Campaign On ill effect of Alcoholism & Deaddiction
07/03/2025	Day 4	Yoga Session
08/03/2025	Day 5	Awareness on Blood Donation
09/03/2025	Day 6	Screening for Hypertension & Diabetes
10/03/2025	Day 7	Sickle Cell Awareness Programme

REPORT OF THE DAY

DAY-01: Inauguration of the camp & Seminar on Women Empowerment

On March 4, 2025, the NSS Special Village Camp at Motivada Village was inaugurated at the Gram Panchayat Motivada. The inauguration ceremony was graced by distinguished guests, including the Sarpanch, Mr. Jaysukh Bhai; Dr. Rekha Bhandari, the President of the Inner wheel Club; Mrs. Anita Gupta, the Vice President of the Inner wheel Club, Mr. Rushit Masrani; Government employee Speaker for women empowerment, Dr. Anita Nawale, Vice Principal of Sandra Shroff College of Nursing, Vapi; Mr. Degish Ahir and Mr. Hemant Patel, member of the Village Committee. The event was held in the presence of the villagers and NSS volunteers.

The guests were warmly welcomed with flowers. The program began with the lighting of the lamp, followed by the theme opening.

Mr. Rushit Masrani gave an inspiring speech on Women Empowerment. Following his speech, a representative from the District Health Department spoke on the topic Beti Bachao, Beti Padhao.

The Inner wheel Club President delivered a speech about the importance of occupational activities for women and scholarships for education.

The program concluded with the distribution of snacks to the gathering.





DAY- 02: Village Cleanliness Drive

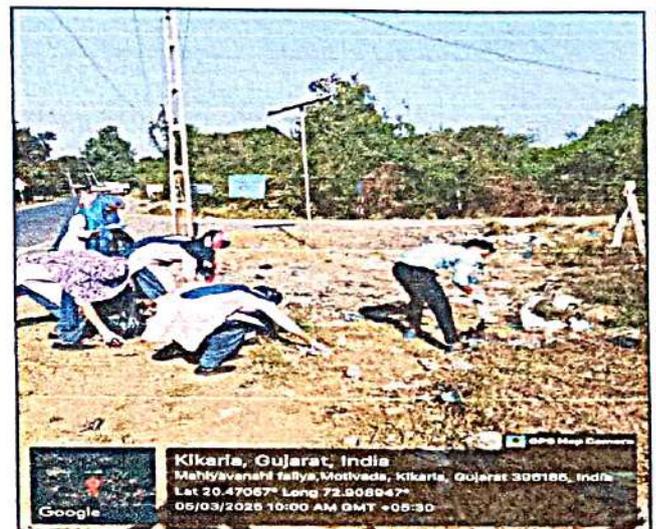
Ek Kadam Swachhta Ki Aur

On the second day of the NSS Special Village Camp, held on 5th March 2025, we conducted a cleanliness drive as part of the campaign "Ek Kadam Swachhta Ki Aur" (One Step Towards Cleanliness). The goal of this initiative was to promote environmental awareness and foster a cleaner and healthier living environment for the village communities.

During this drive, our NSS volunteers were divided into several groups to cover key areas in the village, including Kumbharvad, Mahiyavanshi Faliya, the area near the local temple, Kolivad, and Mota Faliya. Each team worked diligently to clean up their assigned areas, collecting garbage and waste materials, such as plastic wrappers, bottles, and other non-biodegradable waste that had accumulated in the open spaces.

The waste was carefully collected into large black bags to ensure proper disposal. In order to maintain hygiene and prevent further environmental hazards, the gathered waste was then burned in a safe and controlled manner, following proper waste management protocols.

The cleanliness drive not only helped in clearing up these areas but also aimed to instill a sense of responsibility and environmental consciousness among the villagers. We engaged with the local community, educating them on the importance of waste segregation, reducing plastic use, and maintaining cleanliness in public spaces.





DAY- 03: Awareness campaign on ill effects of alcoholism & Deaddiction Strategies

On the third day of the NSS Special Village Camp, the NSS volunteers of the 1st-year GNM program, including Ms. Yogita, Neha, and Riya, performed an impactful role play highlighting the ill effects of alcoholism. The role play was carefully designed to raise awareness about the harmful consequences of alcohol consumption on various aspects of life.

Throughout the performance, the volunteers demonstrated how alcoholism negatively impacts health, both physically and mentally, leading to serious conditions like liver damage, heart problems, and addiction. They also depicted how alcohol abuse can result in financial instability, broken relationships, and social isolation, affecting not just the individual but also their family and community.

In addition to highlighting the health risks, the volunteers also focused on the importance of deaddiction. They educated the audience about the available resources and methods for overcoming alcohol dependence, such as counseling, rehabilitation centers, and support groups. They emphasized that with the right guidance and treatment, recovery is possible, and individuals can regain control over their lives.

The role play was well-received by the community, as it effectively conveyed the message of the dangers of alcoholism while offering hope and

solutions for those struggling with addiction. Through this session, the NSS volunteers contributed to spreading awareness about the need for better health practices and the importance of seeking help to combat alcohol dependence.



DAY- 04: Yoga Session

On the 4th day of the NSS Special Camp, on 7th March 2025, a yoga session was organized at Main Primary School, Motivada, with the assistance of Mrs. Sheetal Trigotra, the District Gujarat Yoga Coordinator. She conducted a two-hour session, during which yoga exercises were performed by the school teachers, students, NSS volunteers, and the NSS Programme Officer. The session included various asanas, pranayama (breathing exercises), and relaxation techniques, which were aimed at enhancing physical health, mental well-being, and promoting inner peace.

Mrs. Sheetal Trigotra explained the importance of yoga in daily life and how it can be incorporated to reduce stress, improve concentration, and boost overall health. Participants actively engaged in the session, and the environment was filled with enthusiasm and positivity.

The benefits of yoga were evident as everyone felt more energized, focused, and relaxed after the session. The event helped in fostering a sense of unity and teamwork among the participants. It was an enriching experience for all involved, and the NSS volunteers, along with the school teachers and students, expressed their gratitude for the opportunity to take part in this beneficial activity. This yoga session proved to be a valuable addition to the NSS Special Camp, contributing to the holistic development of all the participants.

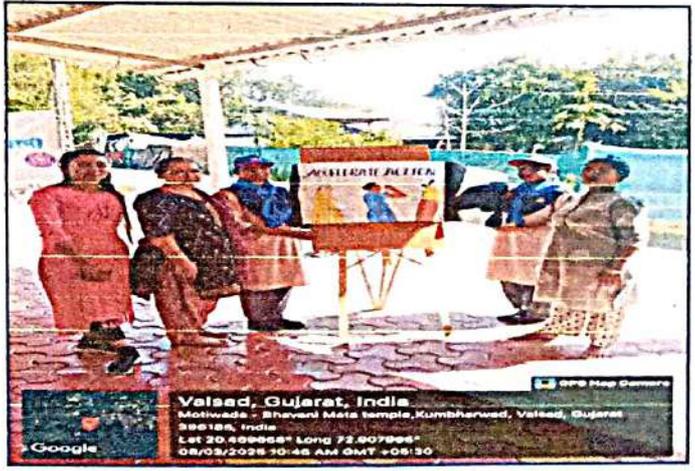
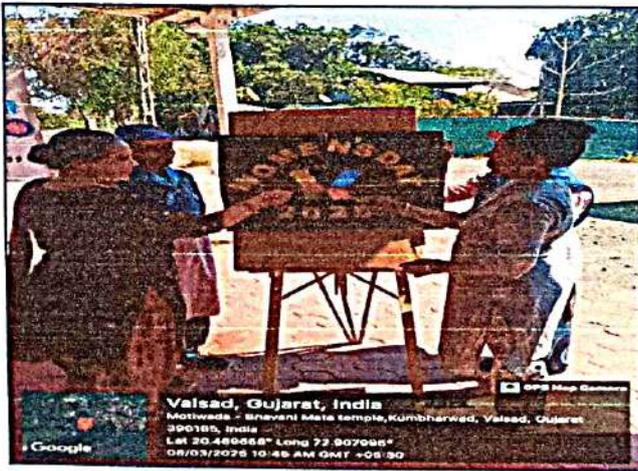




DAY- 05: Women’s Day Celebration and Awareness on Blood Donation

On the 5th day of the NSS Special Camp, we celebrated International Women's Day with the women of Kumbharvad and Motiwada village at the Bhavani Mata Temple. The event began with an opening ceremony led by the women of Motiwada village, along with first-year GNM students and Nursing Tutor Mrs. Rinkal Patel. The first-year GNM students took the initiative to educate the group on the importance of blood donation, raising awareness about its life-saving potential.

Following the informative session, a gesture of appreciation was made by distributing chocolates to all the participants. This not only honored the women but also emphasized the significance of community welfare and support. The session was successful in empowering the local women and raising awareness about blood donation.





The celebration of International Women's Day in such a meaningful and engaging manner helped strengthen the bond between the community and the NSS team, making the day both memorable.

DAY- 06: Screening of Hypertension & Diabetes

On the 6th day of the NSS Special Village Camp, held on 9th March 2025, a health screening camp was organized at the Bhavani Mata Temple, Motivada, focusing on the early detection of hypertension and diabetes mellitus. The screening took place from 9:00 AM to 1:30 PM. A total of 91 individuals participated in the camp, where their blood sugar levels and blood pressure were checked by the first-year GNM students, 4th-year B.Sc Nursing students, and the Department of Community Health Nursing.

Out of the 91 participants, 52 individuals were found to be hypertensive, and 10 were diagnosed with diabetes mellitus. This screening initiative not only helped in identifying undiagnosed cases of hypertension and diabetes but also provided an opportunity to raise awareness among the local community about the importance of regular health check-ups and early intervention.

The camp was a valuable step toward promoting better health practices in the village, empowering the residents to take control of their health and seek timely medical attention if necessary. The event also helped strengthen the collaboration between the NSS team and the community, enhancing the overall impact of the camp.



DAY- 07: Sickle Cell Awareness Programme

On the final day of the NSS Special Village Camp, held on 10th March 2025, a Sickle Cell Awareness Program was organized at the Anganwadi Center, Kumbharvad, Motivada. The session began with an informative talk by Mrs. Ashwini Patel, Nursing Tutor from the Department of Community Health Nursing, who explained the basics of sickle cell disease, including its causes, symptoms, and management strategies.

Following the lecture cum discussion, 4th-year B.Sc Nursing students conducted a live demonstration to further educate the participants about the

condition. They provided practical health education, covering key aspects such as the prevention, early detection, and management of sickle cell disease.

The program was attended by 15 women from the village, along with the Anganwadi worker and helper. This initiative aimed to raise awareness among the local community, especially women, about the significance of early diagnosis and management of sickle cell disease, empowering them to take proactive steps for their health and the health of their families.



CONCLUSION

In conclusion, the NSS Special Village Camp held from 4th to 10th March 2025 in Motivada Village was a resounding success, marked by a series of impactful activities aimed at improving the health, well-being, and awareness of the local community. I acknowledge with gratitude and devotion to the Almighty God, whose grace and blessings accompanied us throughout this event. Heartfelt gratitude to Smt. Sandra Shroff Mam, Founder and Chairman of S.S.C.N, Vapi, for her unwavering support. I am thankful to our beloved Principal Sir, Prof. Mr. Samuel Fernandis, M.Sc. (N), for his guidance and encouragement for this program, and to all the faculty members of the Community Health Nursing Department, especially Dr. Anita Nawale, Vice Principal and HOD of the Community Health Nursing Department; Mrs. Suparna Chakraborty; Mrs. Hetal Patel; Mrs. Ashwini Patel; Mrs. Ketika Patel; and Mrs. Rinkal Patel, for their invaluable contributions and support.

In this camp the volunteers participated in various initiatives, including a cleanliness drive, health screenings, yoga sessions, and awareness programs on topics such as women empowerment, alcohol addiction, blood donation, and sickle cell disease. These activities not only helped foster community involvement but also empowered the villagers with crucial knowledge and resources to improve their quality of life. The camp highlighted the importance of collaboration between the volunteers, the community, and local organizations, contributing to a stronger bond and greater community health awareness. The event proved to be an enriching experience for all involved, leaving a lasting positive impact on the village and its residents.

THANK YOU



**SANDRA SHROFF COLLEGE
NURSING, VAPI**



**REPORT ON
REPUBLIC DAY CELEBRATION 2025**

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI

SIGNATURE OF PRINCIPAL

*Principal
Sandra Shroff College of Nursing*



REPUBLIC DAY CELEBRATION 2025

Date of Event: 26th January 2025

Venue: Sandra Shroff College of Nursing, Vapi & Haria L G Rotary Hospital, Vapi

Occasion: Republic Day Celebration

Participants: 260 students (95 NSS Volunteer) from 1st, 3rd, 4th Semester and 4th year B.Sc. Nursing & 1st, 2nd, 3rd year GNM Nursing Students, faculties of Sandra Shroff College of Nursing, Vapi



**SANDRA SHROFF COLLEGE OF NURSING .
VAPI**



**January
Republic Day**

**CORDIALLY INVITES YOU ALL FOR
76TH CELEBRATION OF REPUBLIC DAY**

DATE: 25/01/2025
TIME: 12 PM TO 01PM

PATRIOTIC EVENTS
WELCOME ADDRESSED BY 4TH YEAR STUDENTS
SPEECH BY DR. ANITA NAWALE, VICE PRICIPAL SSCN, VAPI
SPEECH ON THE THEME
SKIT ON THE THEME "SWARNER BHARAT-VIRASAT AUR VIKAS"
DANCE
NATIONAL ANTHEM



**VENUE: MULTIPURPOSE HALL SSCN, VAPI
26TH JANUARY
TIME: 7.30AM**



**FLAG HOISTING
AT
HARIA L.G ROTARY HOSPITAL CAMPUS**



PROGRAMME SCHEDULE

SR. NO	TIME	EVENTS
1.	12:0-12:05 PM	WELCOME ADDRESS 4TH YEAR B.SC.NURSING-PATEL AKANSHA
2.	12:05-12:10PM	PYARER SONG 3RD SEMESTER -MS. KHUSHI & GROUP
3.	12:10-12:20 PM	VIRTUAL FLAG HOISTING
4.	12:20-12:25 PM	SPEECH ON THEME DR. ANITA NAWALE, VICE PRINCIPAL
5.	12:25- 12:30 PM	SPEECH ON THEME 1ST SEMESTER- MR. SACHIN SAJI
6.	12:30- 12:35 PM	DANCE 1ST YEAR GNM- MS. ANKITA & GROUP
7.	12:35- 12:40PM	SPEECH ON THEME 1ST YEAR GNM -MS. YOGITA
8.	12:40- 12:45 PM	ACT ON THEME 3RD SEMESTER- MS. SANIA & GROUP
9.	12:45- 12:50PM	SPEECH ON THEME 1ST SEMESTER-MS. SUFI
10.	12:50-12:55 PM	INNOVATION DAY CELEBRATION RESULT DR. ANITA NAWALE
11.	12:55- 1:00PM	VOTE OF THANKS 4TH YEAR B.SC.NURSING-MS. KRISHANA

REPORT OF THE DAY

On the 26th of January, our institution celebrated Republic Day with great enthusiasm and patriotic fervour. The flag hoisting was done at Haria Rotary L.G. Rotary Hospital attended by Principal, Vice principal, teaching faculties & by 260 students. On 26th January the event commenced with a warm welcome address by Ms. Aakansha, a 4th year B.Sc. Nursing student. She eloquently set the tone for the day, highlighting the importance of Republic Day in India's history.

This was followed by a prayer song performed by Ms. Khushi & Group, from 2nd semester B.Sc. Nursing which imbued the atmosphere with a sense of peace and unity. Their harmonious voices resonated with everyone present, adding a spiritual touch to the celebration.

Next, we had the virtual flag hoisting ceremony, a significant part of our celebration, embodying our national pride and respect for the tricolour. The flag hoisting was met with a round of applause and patriotic cheers from the students & teaching faculties.

Dr. Anita Nawale, our esteemed Vice Principal, then took the stage to deliver a compelling speech. Her words were both inspirational and thought-provoking, urging us all to uphold the values enshrined in our Constitution.

Following this, Mr. Sachi Saji, a 1st semester B.Sc. Nursing student, and Ms. Yogita, a 1st year GNM student, delivered a speech on the theme of the day. They articulated their thoughts with clarity and passion, leaving a lasting impact.

The celebration continued with a vibrant dance performance by the 1st year GNM students. Their energetic moves and well-coordinated choreography added a festive spirit to the event.

In keeping with the theme, Ms. Sania and her group from the 3rd semester presented an act that was both engaging and informative. Their performance was well-received and highlighted various aspects of our Republic.

The event concluded with a heartfelt vote of thanks by Ms. Krishna, a 4th year B.Sc. Nursing student. She expressed gratitude to everyone who contributed to the success of the event and to the audience for their participation.





SANDRA SHROFF COLLEGE OF NURSING, VAPI



REPORT ON

SWACHH BHARAT PROGRAMME 2024



SUBMITTED BY

MRS.SHEETAL M.K

NSS PROGRAMME OFFICER, NURSING TUTOR

SSCN, VAPI

01/10/2024

INTRODUCTION

Swachh Bharat Abhiyan, Swachh Bharat Mission or clean India mission is a country wide campaign initiated by Government of India in 2014 to eliminate open defecation and improve solid waste management. It is a restructured version of the Nirmal Bharat Abhiyan launched in 2009 and carried out by predecessor Manmohan Singh for better implementation.



REPORT OF THE DAY

In alignment with Veer Narmad South Gujarat University, Surat has issued a circular regarding the Swachh Bharat Abhiyan. Our college Sandra Shroff College of Nursing, Vapi actively participated through the National Service Scheme (NSS) for Swachh Bharat Abhiyan on 20th and 21st September, 2024. This initiative aimed to promote cleanliness and environmental awareness within our community.

OBJECTIVES

The primary objectives of our NSS activities were to encourage students to take an active role in maintaining cleanliness,

1. Enhance awareness about hygiene and sanitation.
2. Promote teamwork among students,
3. Serve the community by improving public spaces.
4. Contribute positivity to the community by cleaning public spaces.

DAY 1:

On 20th September 2024 all students of 2nd year GNM, 3rd year GNM and 4th year B.sc Students along with faculty member gathers on college Campus at 8:15am. After that we all started Swachh Bharat Abhiyan.

ACTIVITIES CONDUCTED:

Prior to the event, we organized teams comprising 2nd year, 3rd year GNM and 4th year B.Sc. Nursing students. Each team was assigned specific areas to clean, ensuring thorough coverage. The waste was collected by using armed with gloves, trash bags, and brooms.



Cleaning of SSCN College Campus & surrounding environment



The college campus and surrounding areas were significantly cleaner by the end of the day. A sense of pride and responsibility was instilled among participants, encouraging them to continue these practices in their daily lives.

DAY 2:

On 21st September 2024 all students of 2nd year GNM, 3rd year GNM and 4th year B.sc Students along with faculty member gathers on Haria LG Rotary Hospital Campus at 8:15am. After that we all started Swachh Bharat Abhiyan. This collaborative initiative allowed us to extend our impact beyond the college.

ACTIVITIES CONDUCTED:

Faculty members and students worked side by side, which fostered camaraderie and reinforced the importance of teamwork in achieving common goals. We focused on cleaning pathways, gardens, and public areas, ensuring that the hospital environment remained hygienic for patients and visitors. We interacted with hospital staff and visitors, sharing information about the importance of maintaining a clean healthcare environment and the role everyone plays in it.



Cleaning of Haria Hospital Campus & surrounding environment



CONCLUSION

The Swachh Bharat Abhiyan celebration was a resounding success, significantly enhancing the cleanliness of our college. More importantly, it instilled a sense of responsibility and awareness among students. By continuing to a cleaner, healthier environment for everyone. We are committed to making this initiative a regular part of our college culture and look forward to more impactful activities in the future.

THANK YOU



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



REPORT ON
UTTRAYAN AWARENESS PROGRAMME
(NYLON THREAD BAN) 2025

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI



SIGNATURE OF PRINCIPAL

Principal
Sandra Shroff College of Nursing

UTTRAYAN AWARENESS PROGRAMME (NYLON THREAD BAN) 2025

Date of Event: 11th January 2025

Venue: Desai N.D.N. Sarvajanik High School, Vapi

Occasion: Uttrayan Awareness Programme

Participants: 10 NSS Volunteers from 4th Year B.Sc. Nursing Students and faculties of Sandra Shroff College of Nursing, Vapi and 150 students & teachers of Desai N.D.N. Sarvajanik High School, Vapi

INTRODUCTION

On 11th January 2025, 10 NSS Volunteers of 4th year B.Sc. Nursing, Sandra Shroff College of Nursing, Vapi, organized an awareness program at Desai N.D.N. Sarvajanik High School, Vapi. The objective of the program was to create awareness about the environmental hazards and dangers associated with the use of nylon thread during the festival of Uttarayan. The event also focused on educating students about the 10 prohibited acts related to Uttarayan

REPORT OF THE DAY

The Uttrayan Awareness programmed was started with a warm welcome to the students and faculty members of Desai N.D.N. Sarvajanik High School. The NSS Volunteer Ms. Disha from 4th Year B.Sc. Nursing started the session by highlighting the cultural significance of Uttarayan and the widespread practice of kite flying during the festival. However, they emphasized the negative impacts of using harmful materials such as nylon threads for kite flying.

Nylon threads, often used in kite flying, pose serious environmental and safety risks. These threads, which are not biodegradable, can cause harm to wildlife, and the sharpness of the threads can lead to severe injuries to both humans and animals. To combat these issues, the NSS Volunteers explained the importance of switching to safer alternatives like cotton threads and the need to discourage the use of nylon threads during the festival.

Furthermore, the Volunteers presented a detailed list of the 10 prohibited acts during Uttarayan, such as flying kites in certain areas near airports or roads, using non-biodegradable threads, and engaging in dangerous practices like kite

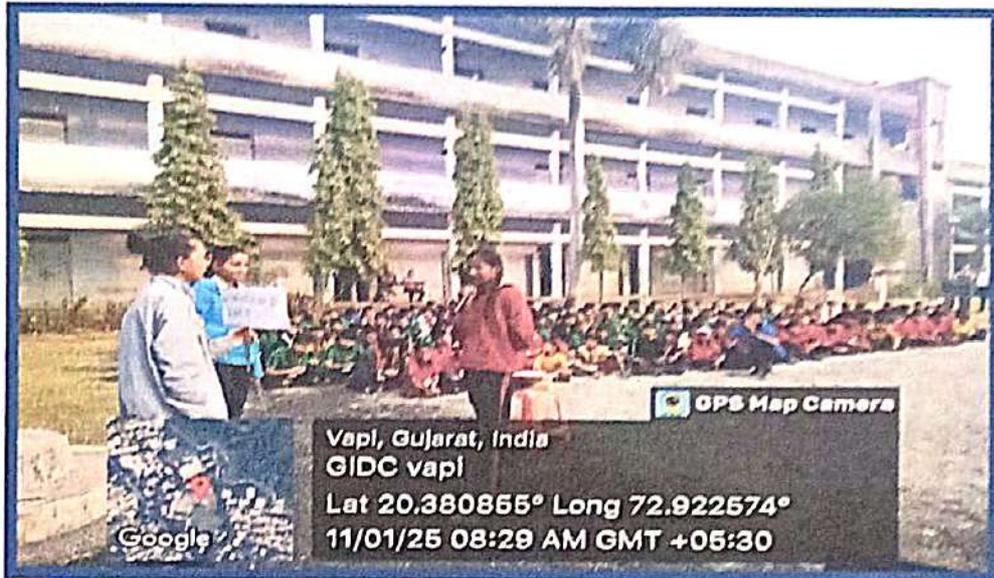
fighting in restricted zones. This segment aimed at educating the students on how to celebrate the festival responsibly and sustainably.

In addition, the program was aligned with the Fit India Movement, a National initiative to encourage physical fitness among the youth. The NSS Volunteers highlighted how kite flying could be a healthy outdoor activity that promotes physical exercise, provided it is done safely and responsibly.

The students actively participated in the discussions, showing great enthusiasm towards spreading awareness in their community. The session concluded with a pledge to avoid the use of nylon threads and to promote eco-friendly practices during Uttarayan.

Prohibited Act

- 1) Public road / foot path as well as dangerous in such a way as to endanger the life of any person.
- 2) Nylon string used for flying (flying) kites which is coated with nylon, synth or synthetic material and is non-biodegradable on receiving, storing, selling and using it for flying kites and catching kites/strings cut from flying kites.
- 3) Any kind of synthetic thread, cotton thread or any other thread, iron powder, glass powder or any other harmful substance prepared by adding.
- 4) Prohibition of buying and selling of Chinese Manza/Plastic Cord/Glass Coated Nylon Thread/Chinese Sky Lantern (Tukkal) etc. through online platform through e-commerce etc.
- 5) On import of synthetic Manza/Nylon thread or similar synthetic coated thread by each Samavala.
- 6) During the period of 06/00 to 08/00 in the morning, since it is the time for the birds to come out of their nest and return to the nest, during that time the birds are more injured and injured by the string of the kite. So on kite flying during that time period.
- 7) On flying kites around or over railway tracks as equipment has high voltage traction near and above railway tracks.
- 8) On Flying, Buying, Importing, Selling, Possessing, Storing Chinese Tukkals.
- 9) Thus on playing the loud speaker in a very loud voice in such a way as to disturb the public.
- 10) In such a way as to hurt the sentiments of the public, writing provocative writings on the kite before flying the kite.



CONCLUSION

The Uttarayan Awareness Programme conducted by the NSS Volunteers of Sandra Shroff College of Nursing successfully raised awareness about the harmful effects of nylon thread and encouraged students to adopt safer practices during the festival. The inclusion of the Fit India Movement also emphasized the importance of physical fitness, promoting a healthy lifestyle. The program was informative and impactful, fostering a sense of responsibility among students to contribute to the well-being of the environment and their own health. The event was a meaningful step toward educating the younger generation about sustainable celebrations and safety during festivals.

THANK YOU



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



**REPORT ON
VEER BAL DAY CELEBRATION 2024**

SUBMITTED BY

**NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI**

SIGNATURE OF PRINCIPAL

*Principal
Sandra Shroff College of Nursing*



VEER BAL DAY CELEBRATION 2024

Date of Event: 26th December 2024

Venue: Sandra Shroff College of Nursing, Vapi

Occasion: Veer Baal Diwas

Participants: 60 NSS Volunteers from 1st Semester, 2024

INTRODUCTION

Veer Bal Diwas is a day of remembrance celebrated in India to honour the martyrdom of the two sons of Guru Gobind Singh Ji, the 10th Sikh Guru. These sons, Sahibzada Zorawar Singh and Sahibzada Fateh Singh, were young children who were bricked alive by the Mughal emperor, Aurangzeb, for refusing to convert to Islam. The day is celebrated on December 26 every year and highlights the bravery and sacrifice of these young martyrs for their faith and principles.

Guru Gobind Singh Jayanti, also referred to as Guru Gobind Singh Day, is the birth anniversary of Guru Gobind Singh, celebrated by Sikhs worldwide. Guru Gobind Singh was the 10th and final human Sikh Guru, born on December 22, 1666. He is known for his leadership in defending Sikhism, his establishment of the Khalsa Panth in 1699, and his writings, including the Zafar Nama. The day is celebrated with prayers, kirtan (devotional music), and discussions of his teachings and sacrifices.

Additionally, on 9th January 2022, the Prime Minister, in a significant announcement, declared that December 26 will be celebrated as "Veer Bal Diwas" in remembrance of the martyrdom of Guru Gobind Singh Ji's sons, Baba Zorawar Singh and Baba Fateh Singh.

This day is dedicated to honour their courage and supreme sacrifice, as they were martyred for their refusal to convert to Islam. Veer Bal Diwas is not just a commemoration; it represents a transformative step for the nation. It embodies the vision of "Ek Bharat, Shreshtha Bharat" a unified India where stories of courage transcend regional and religious boundaries.



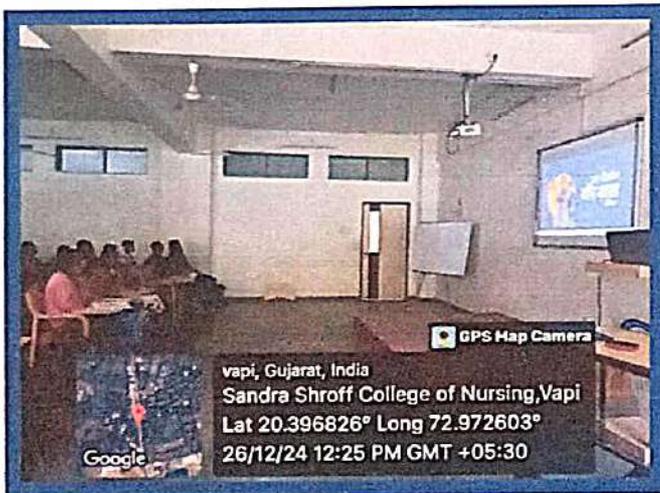
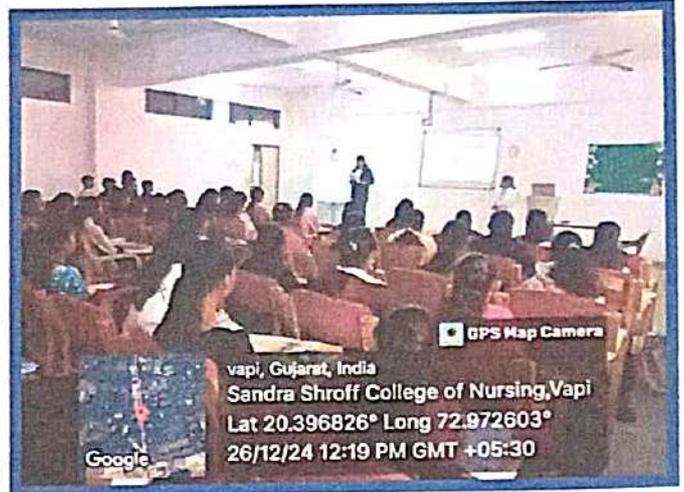
REPORT OF THE DAY

On 26th December 2024, Sandra Shroff College of Nursing, Vapi, observed Veer Baal Diwas, a significant day dedicated to remembering the bravery and sacrifice of the two sons of Guru Gobind Singh Ji Sahibzada Zorawar Singh and Sahibzada Fateh Singh. The event aimed to honour their contribution to Sikh history and their supreme courage in the face of adversity.

A total of **60 NSS volunteers from the 1st semester** of the academic year 2024 participated in the event, engaging in various activities to commemorate the day. The program was marked by deep reverence for the heroic legacy of the two young martyrs.

One of the highlights of the event was speech delivered by **Ms. Sufi, a 1st Semester B.Sc. Nursing student**. In her speech, she highlighted the significant contributions of Sahibzada Zorawar Singh and Sahibzada Fateh Singh, emphasizing their remarkable courage and unwavering devotion to the Sikh faith, despite their young age. She spoke about their sacrifice for upholding Sikh values, and how, even in the face of immense adversity, they remained resolute and steadfast.

To further enrich the experience, we also **showed videos to the students, illustrating the life and martyrdom of these two brave sons of Guru Gobind Singh Ji**. The videos provided a deeper understanding of their extraordinary courage and the legacy they left behind, leaving a lasting impact on all who attended the program.



CONCLUSION

Veer Baal Diwas serves as a reminder of the selflessness, courage, and undying commitment to truth and justice shown by Sahibzada Zorawar Singh and Sahibzada Fateh Singh. The celebration at Sandra Shroff College of Nursing, Vapi, not only honored their memory but also inspired the participants to reflect on the values of courage, honor, and sacrifice. It was a moving event that reaffirmed the importance of standing by one's principles, no matter the challenges faced. The 60 NSS volunteers who participated, along with the faculty and students, left the program with a renewed sense of respect for the sacrifices made by these young martyrs. The event successfully instilled the values of courage, sacrifice, and patriotism in all those present, and it is hoped that these lessons will continue to inspire generations to come.

THANK YOU



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



**REPORT ON
VIKSHIT BHARAT YOUTH PARLIAMENT
2025**

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI

SIGNATURE OF PRINCIPAL



VIKSHIT BHARAT YOUTH PARLIAMENT

2025

Date of Event: 23th March 2025

Venue: SMT C D JHOBALIA ROFEL ARTS AND SMT I S R ACHCHHARIWAL ROFEL COMMERCE COLLEGE, VAPI

Occasion: Vikshit Bharat Youth Parliament

Participants: 08 NSS Volunteers from 1st Semester B.Sc. Nursing & 1 NSS Volunteers from 1st Year GNM.

REPORT ON THE VIKSHIT BHARAT YOUTH PARLIAMENT

The students of Sandra Shroff College of Nursing, Vapi, actively participated in the Viksit Bharat Yuva Sansad Program, organized by the Ministry of Youth Affairs and Sports, Government of India. This youth Parliament provide a chance to the youth to brainstorm about new India and to find ways and chalk out plans to realize our resolves before 2026. Youth in the age bracket of 18-25 years were invited to participate in the District, State and National level youth Parliament.

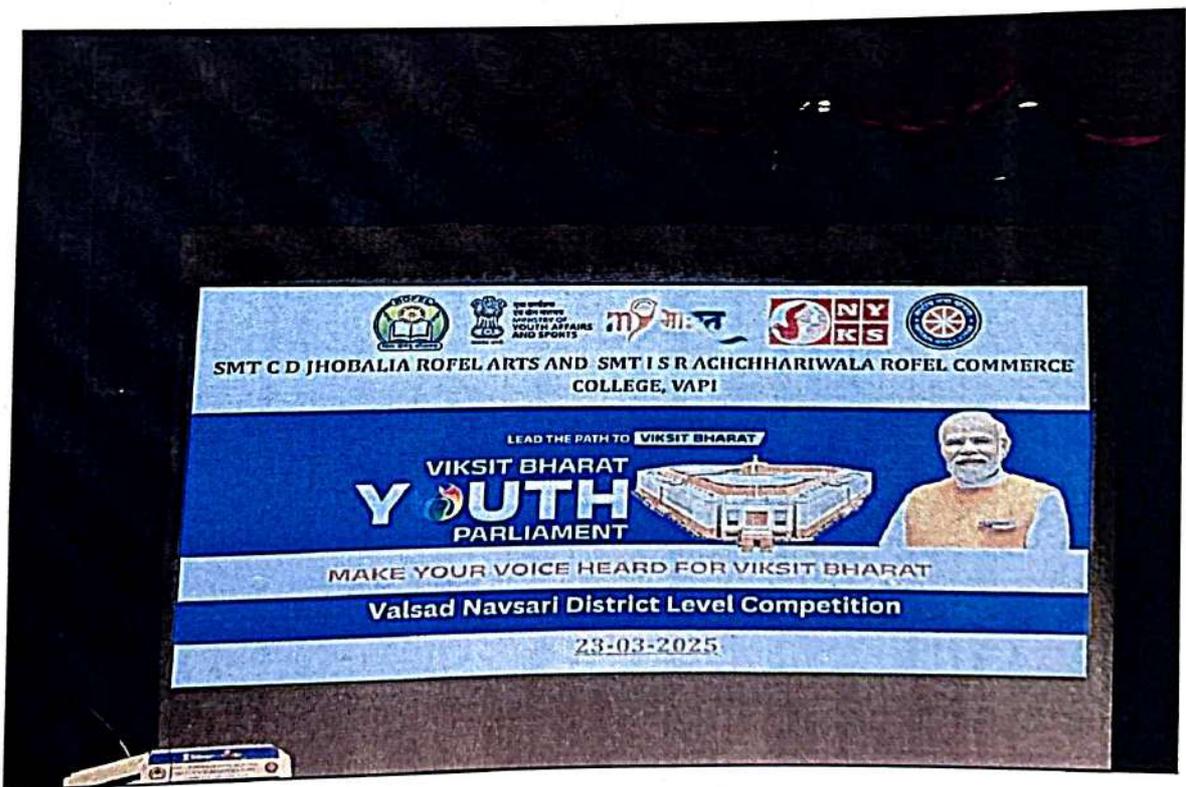
The main objectives of this programme is to provide a platform for youth to express their thoughts on Vikshit Bhart (Developed India), engage with public issues, understand the perspectives of common people, and articulate their views effectively.

A total of 22 NSS Volunteers (1st sem and 3rd sem B. Sc. Nursing, 1st Year, 2nd Year and 3rd Year GNM), from our college uploaded their 1-minute video on the MY Bharat portal, expressing their thoughts on the topic:

"What does a Developed India mean to you?"

From these submissions, 9 students were selected for the District-Level Competition.

The District-Level Competition was held on 23th march 2025, at SMC C.D. Jhobalia Rofel Arts College & Smt. I.S.R. Achchhariwala Rofel Commerce College, Vapi, Valsad.



CONCLUSION

We extend our heartfelt gratitude to our Principal, Mr. Samuel Fernandis, M.Sc.(N), for his invaluable guidance and support. We also sincerely thank our Vice Principal, Dr. Anita Nawale, for her encouragement and mentorship. Additionally, we appreciate the efforts of all class coordinators who motivated their students to actively participate in this prestigious event.

Our college takes immense pride in the achievements of our students, and we look forward to their continued success in the upcoming stages of the competition.

THANK YOU



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



**REPORT ON
WORLD ENVIRONMENT DAY 2025**

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI

Syrawli

SIGNATURE OF INCHARGE PRINCIPAL

Principal
Sandra Shroff College of Nursing



WORLD ENVIRONMENT DAY 2025

Date of Event: 5th June 2025

Venue: Sandra Shroff College of Nursing, Vapi & Urban Primary Health Centre, Anganwadi, Dunga

Occasion: World Environment Day

Participants: 285 NSS Volunteers from 2nd semester, 4th semester, 5th Semester, 7th Semester B.Sc. Nursing & 1st Year, 2nd Year & 3rd Year GNM

INTRODUCTION

World Environment Day is observed every year on June 5th to spread awareness and encourage action for the protection of the environment. The theme for 2025, “**Ending Plastic Pollution,**” emphasizes the urgent need to reduce plastic consumption by adopting the **5 R: Refuse, Reduce, Reuse, Recycle, and Rethink.**

To mark this day, students from 3rd Year GNM actively participated in community area and awareness activities at Urban Primary Health Center, Dunga & Anganwadi Center, Dunga. Other batches of 2nd Semester, 4th Semester, 5th Semester, 7th Semester B.Sc. Nursing students & 1st, 2nd & 3rd Year GNM also contributed through eco-friendly practices in the college campus.

ACTIVITIES OF THE DAY

1. Community Awareness & Plantation Drive by 3rd Year GNM

All participating students began the day by taking a pledge to support environmental protection and reduce plastic usage in their daily lives. The 3rd Year GNM 15 students took the lead in conducting awareness and plantation activities at:

- UPHC Dunga
- PHC (Primary Health Center)

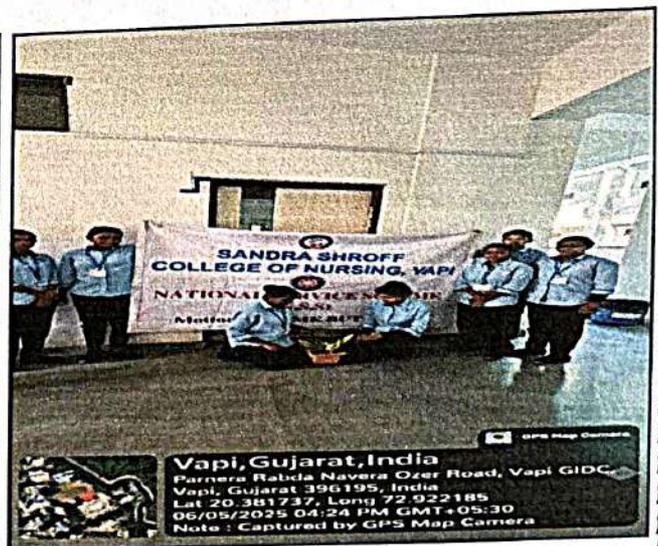
These NSS Volunteer, Hospital staff & Anganwadi worker educated community members on the theme “Ending Plastic Pollution” through interaction, awareness talks, and distribution of eco-friendly messages. They also planted saplings in these community healthcare centers as a step towards greener public spaces.

2. Indoor Plantation in College Campus

Indoor plantation was carried out within the college premises with active participation from:

- 1st, 2nd & 3rd Year GNM students
- 2nd, 4th, 5th & 7th Semester B.Sc. Nursing students

This initiative aimed to enhance the campus environment and promote awareness of the benefits of indoor plants for air purification and mental well-being.





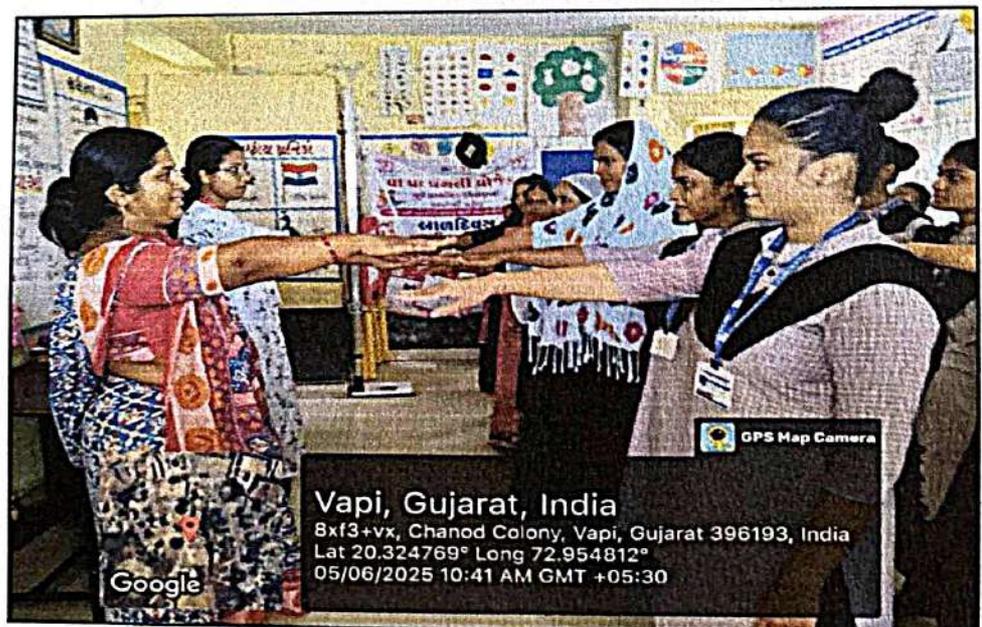

Vapi, Gujarat, India
 Parnara Rabda Navara Ozar Road, Vapi GIDC,
 Vapi, Gujarat 396195, India
 Lat 20.381448, Long 72.922319
 06/05/2025 04:22 PM GMT+05:30
 Note : Captured by GPS Map Camera




Vapi, Gujarat, India
 Parnara Rabda Navara Ozar Road, Vapi GIDC,
 Vapi, Gujarat 396195, India
 Lat 20.381737, Long 72.922185
 06/05/2025 04:24 PM GMT+05:30
 Note : Captured by GPS Map Camera




Vapi, Gujarat, India
 Parnara Rabda Navara Ozar Road, Vapi GIDC,
 Vapi, Gujarat 396195, India
 Lat 20.381706, Long 72.922179
 06/05/2025 02:52 PM GMT+05:30
 Note : Captured by GPS Map Camera




Vapi, Gujarat, India
 Bxf3+vx, Chanod Colony, Vapi, Gujarat 396193, India
 Lat 20.324769° Long 72.954812°
 05/06/2025 10:41 AM GMT +05:30


CONCLUSION

The celebration of World Environment Day 2025 was a great success, with enthusiastic participation from students and community members. The 3rd Year GNM students effectively spread awareness about plastic pollution and contributed to plantation efforts at local health centers. Simultaneously, students from various semesters helped green the campus through indoor plantation. The collective effort demonstrated a strong commitment to environmental responsibility and health promotion—core values for future nursing professionals.

THANK YOU



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



**REPORT ON
POETRY COMPETITION ON
THOUGHT OF ATAL BIHARI
VAJPAYEE 2025**

SUBMITTED BY

NATIONAL SERVICE SCHEME TEAM

SSCN, VAPI


SIGNATURE OF
INCHARGE PRINCIPAL



POETRY COMPETITION ON THOUGHT OF ATAL BIHARI VAJPAYEE 2025

Date of Event: 25th January 2025

Venue: Multipurpose Hall, Sandra Shroff College of Nursing, Vapi

Occasion: Poetry Competition on Thought of Atal Bihari Vajpayee

Participants: 12 NSS Volunteers from 3rd and 4th Semester B.Sc. Nursing and faculties of Sandra Shroff College of Nursing, Vapi

INTRODUCTION

To commemorate the inspiring thoughts and leadership of former Prime Minister Atal Bihari Vajpayee, a Poetry Competition was organized at Sandra Shroff College of Nursing, Vapi. The event aimed to encourage students to express their creativity and understanding of Vajpayee's visionary ideas through poetry.

REPORT OF THE DAY

The competition was held on **25th January 2025 at 11:00 AM** in the Multipurpose Hall of Sandra Shroff College of Nursing. A total of 12 students from 3rd and 4th semester B.Sc. Nursing participated in the event. The competition provided a platform for students to showcase their poetic talents while reflecting on the inspiring thoughts of Atal Bihari Vajpayee.

The participants delivered remarkable poetry pieces, filled with patriotism, wisdom, and admiration for Vajpayee's contributions to the nation. After a keenly contested competition, the following students secured the top three ranks:

1st Rank: Ms. Sneha Yadav (4th Semester, B.Sc. Nursing)

2nd Rank: Ms. Shivani (3rd Semester, B.Sc. Nursing)

3rd Rank: Mr. Sujit (3rd Semester, B.Sc. Nursing)

The competition was a great success, with enthusiastic participation and encouragement from faculty members and students.

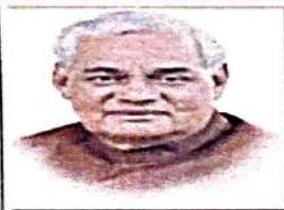


SANDRA SHROFF COLLEGE OF NURSING, VAPI,

ORGANIZES

POETRY

COMPETITION



Organized by:
National Service Scheme (NSS)
Topic:-Thought Of Atal Bihari
Vajpayee



VENUE:

DATE:25/01/2025

MULTIPURPOSE HALL

TIME: 11:00 AM

SSCN , VAPI

CONCLUSION

We express our sincere gratitude to Prof. Mr. Samuel Fernandis, Principal of Sandra Shroff College of Nursing & Dr. Anita Nawale, Vice Principal of S.S.C.N, for his valuable guidance and support in organizing this event. A special thanks to the NSS team, students, teaching, and non-teaching staff for their cooperation and efforts in making this competition a memorable experience.

THANK YOU